AFTER SURGERY

- You must have an escort to take you home.
- Your vision will be blurry after the surgery.
- Continue on your drops until they run out.
- Continue on all other eye medication as usual.
- Take Panadol for pain.
- Your vision has now changed. Your current glasses will not be suitable. In 4 weeks you can organize a new pair.

AFTER CARE

Don’t:

- Wipe your eye with a handkerchief.
- Get your eye dirty (don’t garden, dust, woodwork or go fishing).
- Go swimming for 4 weeks.
- Do Not Fly

Do:

- Keep your eye clean.
- Use a clean tissue to wipe your eye.
- Use the same eye drops as before surgery, 4 times a day until they run out. (Breakfast, lunch, dinner and at bedtime.)

YOU CAN

- Bend over
- Watch TV
- Read Books
- Exercise (play bowls, golf etc.)

If pain is not relieved by Panadol, contact:

Dr Philip Larkin  Phone 4472 2722, or
Your Local Doctor, or
Batemans Bay Hospital – Phone 4475 1500

Please note: You can remove the eye shield tomorrow morning. Then use the eye shield only at night for the next 7 nights.

CATARACT EXTRACTION

PATIENT INFORMATION

CANBERRA MICROSURGERY
16 Wilbow Street
Phillip ACT 2606
6217 5000

Dr Philip Larkin
18 Old Princes Highway, Batemans Bay 2536
Phone 4472 2722

Mobile- 0412 142 684
WHAT IS A CATARACT?

A cataract is clouding of the eye’s natural lens. The lens is inside the eye and is the part of the eye that normally focuses light on the retina and gives clear images.

Cataracts are the leading cause of loss of sight in adults 55 and over. When cataracts form, light cannot pass clearly to the retina and the image seems blurred or fuzzy.

At present there is no medical treatment to prevent or reverse cataracts. The only treatment is surgical removal.

BEFORE SURGERY

1. You will have discussed your operation and possible complications with your Specialist Ophthalmologist, and you will have signed a consent for operation form. Generally, 99% of patients are happy with the results.
2. You will need to see your GP and obtain a letter for the anaesthetist stating your medical history, medications and allergies.
3. If you are on Warfarin please obtain a current INR blood test.
4. Diabetics are to bring their current HBA1c blood results.

DAY BEFORE SURGERY

1. You will be given 2 bottles of eye drops, Chlorsig and Prednefrin, to be used 4 times a day only (at breakfast, lunch, dinner and bedtime), 5 minutes apart in the eye to be operated on only.
2. Continue on all usual eye medications.
3. The hospital will contact you and let you know your time of arrival.

ON THE DAY OF SURGERY

Anaesthetist Instructions

Please fast for three hours prior arrival time for surgery.

- Take all usual medications with no more than a sip of water at 6.00am
- Diabetic patients should withhold morning diabetic medication.
- Bring all your medications with you to the hospital.

SURGERY

1. You go to hospital on the day of your operation. You are usually in hospital 3 to 4 hours.
2. Local anaesthetic drops are used to numb the eye.
3. You will be awake during your operation.
4. You will have an oxygen mask on your face.
5. A plastic sheet will be placed over your eye.
6. Trained medical nursing staff will care for you at all times.
7. An eye pad may be put on your eye after the operation.
8. Ladies may like to wear slacks or a skirt, rather than a dress, as these do not need to be removed before surgery.
9. Your glasses will no longer be effective, please wait at least 4 weeks before obtaining a new pair.